



# Norwood CSA Food Cooperative



a Just Food Community Supported Agriculture (CSA) Program  
3150 Rochambeau Ave. Apt C42 . Bronx, NY 10467 . 917-213-3808 . www.norwoodfoodcoop.org

## 2011-2012 Winter Share Information and Registration Form

### WHAT IS A CSA FOOD CO-OP?

A Community Sponsored Agriculture food co-op connects New York City families with local Farmers. When you become a member of the Norwood Food Co-op for the winter season, you will receive a share of the organic harvest of the Norwich Meadows Farm ([www.norwichmeadowsfarm.com](http://www.norwichmeadowsfarm.com)), as well as items from neighboring farms. Through this CSA, affiliated with *Just Food* ([www.justfood.org](http://www.justfood.org)), we are re-creating the direct link between the farmer and consumer, giving consumers fresh and more wholesome organic foods. The food co-op is not like shopping at the supermarket.

### WHAT TO EXPECT:

- Deliveries are once a month, from December through April (five deliveries). Delivery day will be Wednesday with Thursday as the snow day alternative. Pickup is from 5 to 8 pm, and will be in front of 3150 Rochambeau Ave. **The calendar of deliveries will likely be as follows: 12/14/11, 1/11/12, 2/12/12, 3/7/12, and 4/4/12.**
- There will be two options for the winter share: Vegetarian (lacto-ovo) and Omnivore. Omnivores may receive organic chicken or pasture raised ground beef on various delivery dates (farmer decides what we get).
- Vegetables that will be available include most storage crops: a variety of potatoes, onions, beets, parsnips, winter squashes (acorn, butternut), cabbage, and greens (chard and kale).
- Some deliveries include a significant amount of dairy products from Evans Farm including cheese, milk and yogurt, plus organic eggs from Norwich Meadows Farm.
- Potential dry goods may include granola, organic dried beans and local honey.
- Preserved (jarred) goods from the farm may include pickled items, jams, and tomato sauces.
- Vegetarian shares will either receive more of certain items or extra items to make up for not receiving meat.

### BECOMING A MEMBER

- \* To become a member, you must purchase a share and volunteer two hours during the winter.
- \* Share cost: \$260.00 (\$50 per delivery plus \$10 CSA administrative fee)
- \* Registration must be received by October 27, along with a deposit of at least \$50 – No Exceptions! (The deposit is non-refundable unless you get someone to buy your share.) Full payment is due by November 3.
- \* We highly recommend NOT starting our CSA during the winter. Except for rare exceptions, you must become a member for the summer season before you can purchase a Winter Share.

### PICKING UP YOUR SHARE:

Pickup will be in front of 3150 Rochambeau Ave between E 206<sup>th</sup> Street and Bainbridge Ave in Norwood. Hours will be between 5:00 – 8:00 PM. Please plan on staffing the site for 2 hours during the season.

*To join the Norwood Food Co-op CSA for the winter share, please tear off this bottom portion of the sheet and return with your payment*

Norwood CSA 2011-12 Winter Share Registration Form

Please make check or money order payable to:

**Norwood Food Co-op  
c/o Gregory Lobo Jost  
3150 Rochambeau Ave #C42  
Bronx, NY 10467**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Check the box for the shares you are purchasing

( )	<b>Vegetarian (Ovo-Lacto) Winter Share (\$260.00)</b>	\$	<b>Amount Enclosed</b>
( )	<b>Omnivore Winter Share (\$260.00)</b>	\$	<b>Amount Enclosed</b>

Comments: \_\_\_\_\_