



Norwood Food Co-op



a Just Food Community Supported Agriculture (CSA) Program
3400 Reservoir Oval East . Bronx, NY 10467 . 212.229.7954 . www.norwoodfoodcoop.org

2005 Registration and Information Form

WHAT IS A CSA FOOD CO-OP?

A Community Sponsored Agriculture food co-op connects New York City families with local Farmers. When you become a member of the Norwood Food Co-op you will receive a share of the weekly organic harvest of the Norwich Meadows Farm (<http://www.norwichmeadowsfarm.com/>). Through this CSA, sponsored by *Just Food* (www.justfood.org), we are re-creating the direct link between the farmer and consumer, giving consumers fresh and more wholesome organic foods. The food co-op is not like shopping at the supermarket. Your weekly share will be comprised of fresh organic vegetables and fruits grown in season. The quantity and variety of items in the share will vary from week to week, depending on weather and season. You will learn to enjoy a wider variety of vegetables that are in season for our area. The season lasts from mid-June to early November (between 20 and 22 weeks).

BECOMING A MEMBER

To become a member, you must purchase a share. There are two size shares:

- **Full Share: \$470 (feeds a family of 4-6)**
- **Half Share: \$235 (feeds a family of 2-3)**

This may be paid in a lump sum by April 15th or in two installments, the first half to be paid by April 1st and the full amount by May 1st. This season we will also be accepting food stamps.

EGG SHARES

In order to purchase an egg share, you must be a food co-op member (i.e. purchase a share for the season). We will receive some of the best organic eggs **every other week**. All cartons are unstamped and must be returned to the farmer.

- **Dozen Egg Share: \$35.75 (one dozen every other week – 11 dozen for a season)**
- **2 Dozen Egg Share: \$71.50 (two dozen every other week – 22 dozen for a season)**

PICKING UP YOUR SHARE:

Every **Thursday** beginning June 16 through early November, the farm will deliver our food to the distribution site at the Epiphany Lutheran Church (302 E. 206th St. near Bainbridge Ave.). Pickup time will probably be from 4:00 - 7:00 PM.

VOLUNTEERING:

All shareholders must volunteer for 5 hours per season at the distribution site. There will be several shifts; one to meet the farmer's truck, and two shifts to assist members in picking up their vegetables. Members who volunteer for the food co-op in another manner (i.e. on the core committee) are exempt from this requirement.

To join the Norwood Food Co-op CSA, please tear off this bottom portion of the sheet and return with your payment

Norwood Food Co-op CSA Registration Form

Name: _____

Address: _____

Phone: _____

Email: _____

Please make check or money order payable to:

**Norwood Food Co-op
3400 Reservoir Oval East
Bronx, NY 10467**

Check the box for the shares you are purchasing Enter the amount of each line here

()	Half Share (\$235)	\$	Subtotal
()	Full Share (\$470)	\$	Subtotal
()	Dozen Egg Share (\$35.75)	\$	Subtotal
()	2 Dozen Egg Share (\$71.50)	\$	Subtotal
		\$	Total

If you receive food stamps, check here and enclose a \$100 deposit for each half share you are purchasing.

Amount Enclosed: \$ _____ Comments: _____